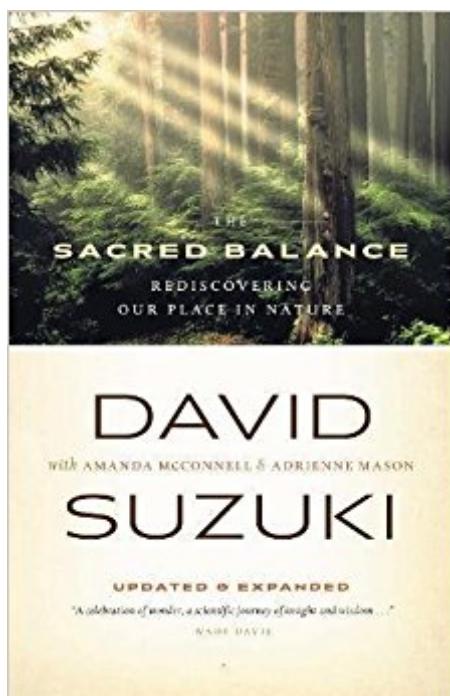


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# The Sacred Balance: Rediscovering Our Place In Nature



## **Synopsis**

In this extensively revised and enlarged edition of his best-selling book, David Suzuki reflects on the increasingly radical changes in nature and science; from global warming to the science behind mother/baby interactions; and examines what they mean for humankind's place in the world. The book begins by presenting the concept of people as creatures of the Earth who depend on its gifts of air, water, soil, and sun energy. The author explains how people are genetically programmed to crave the company of other species, and how people suffer enormously when they fail to live in harmony with them. Suzuki analyzes those deep spiritual needs, rooted in nature, that are a crucial component of a loving world. Drawing on his own experiences and those of others who have put their beliefs into action, *The Sacred Balance* is a powerful, passionate book with concrete suggestions for creating an ecologically sustainable, satisfying, and fair future by rediscovering and addressing humanity's basic needs.

## **Book Information**

Paperback: 358 pages

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Average Customer Review: 4.6 out of 5 stars 24 customer reviews

Best Sellers Rank: #157,087 in Books (See Top 100 in Books) #412 in Books > Science & Math > Environment > Environmentalism #461 in Books > Science & Math > Biological Sciences > Ecology #724 in Books > Science & Math > Nature & Ecology > Conservation

## **Customer Reviews**

This book should be required reading in high schools. It is written as different essays about individual subjects that all relate back to the main theme: the communion and oneness of nature (not just the organic part, either) and humans. This is a wonderfully enlightening book without being dogmatic or pedantic.

Purchased for my granddaughter. Know nothing about it. Summer school reading.

I remember liking a review about Ishmael, by Daniel Quinn; it said something like "I now refer to books as read before or after Ishmael". This is a milestone alike, the written witness that we can live in a different way. A more harmonious one, for ourselves and our kids, and, most importantly, their kids.

Very new. Very satisfied c:

sacred balance

I'm only half way through this book, but if the 2nd half is anything like the 1st I know it will be incredible. I consider myself fairly well versed in issues of sustainability and climate change, but I've had so many jaw-drop moments while reading. At first I found the constant additions of quotes and side stories pretty distracting, but as I read further they definitely add to the gravity of what he is talking about. Amazing book. Should be a "must read" for high school seniors. Highly recommend.

I have heard about David Suzuki's writings for many years. So glad that has several of his books available. I love his perspective and really makes you rethink about living on this earth.

This book's message is written in such an impacting way that you can't be in any way affected by it. David Suzuki truly does remind us of the sacredness of the things we take for granted.

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